



# CARING AND SHARING (EAST SUSSEX) NEWSLETTER 2026

‘Live more simply that others may simply live’

**This newsletter is free.  
Please take it home and  
read about our projects.**

**“I travelled to the hospital. The staff’s warmth  
and kindness provided hope. I am now cured  
and I am holding my child in my arms.  
It feels like a miracle.”**

**(See Hamlin Fistula Hospital, Addis Ababa,  
Ethiopia, overleaf.)**



## FROM OUR PROJECTS OFFICER

I love the connections that Caring and Sharing has all around the world. Recently I was fortunate to enjoy a cruise from Barcelona to Buenos Aires and was excited to see that one of the ports of call was Recife in Brazil. In the past I have been able to visit **EHSO** in Chennai, **CNISSI** in Nagpur and **Amara House** in Romania on my travels. But this time I knew that time would be too tight to visit Ian, Simea and others at **My Father’s House**. (I didn’t want to miss the boat!). However we did a whistle stop tour of Recife and Olinda. On visiting the golden chapel we were greeted by a wonderful choir of children who very much called to mind the disadvantaged children and families supported by My Father’s House. We also visited the cathedral in Olinda, making me feel close to the project we support.

Many children and families throughout the world are helped by the projects you so generously support. We are very grateful to you and to all the devoted and hard-working leaders of the projects and their teams. We pray that we will be able to continue our support in the years to come.

*Julia Maling*

Our **Annual Eucharist** is at the **Parish Church of St Peter and St Paul, Hellingly** BN27 4HA on **Saturday 6<sup>th</sup> June 2026 at 11.00am.**

*Celebrant: Bishop Nicholas Reade*

*Speaker from The Steve Willis Foundation, Uganda*

*Please bring a packed lunch. Drinks will be provided.*

See details of our supported projects  
and previous annual newsletters at our website:  
**[www.caringandsharingeastsussex.org.uk](http://www.caringandsharingeastsussex.org.uk)**  
For the latest information on our groups & projects, phone:  
**Julia Maling 07738 339524**

See inside for  
recent news from  
the projects we support



## Steve Willis Memorial Fund, Uganda

To commemorate 20 years since Steve's death, we held a big fundraising event in Murchison Falls National Park, Uganda and managed to raise over US\$15,000 for the fund!



I also took the family for the official opening of the borehole at **Runyanya primary school** – something which we all really enjoyed. My children officially opened the borehole together with the headteacher and then the children at the school (around 1000 of them!) put on drama and choir performances for us.

We now have funds for a further 2 projects and I have asked The Water Trust to start looking out for suitable communities.

*Debbie Willis*

[redchillhideaway.com/steve-willis-memorial-fund/](http://redchillhideaway.com/steve-willis-memorial-fund/)

## School for the Deaf, Dar es Salaam, Tanzania

Following a jury session held on October 13th 2025, Buguruni Primary Deaf School was crowned the national winner of the 2025 VIA Creative Program, a TotalEnergies initiative that uses creativity and art to promote road safety education among students. The program promotes participatory learning, where students identify and propose practical solutions to improve road safety in their areas.

Buguruni Primary Deaf School then represented Tanzania at the VIA Regional Competition at the end of the year.

TotalEnergies also pledged to implement the students' recommendation to install road signages and signs indicating the presence of a deaf school in the Buguruni area.

## Bolgatanga, Ghana



### Bicycle beneficiary group meeting

and individuals facing daily barriers to accessing nutritious food, quality education for deprived children, and economic opportunities. These challenges, though deeply rooted, are not immovable.

Driven by the region's enormous poverty levels, we work to help lessen their burdens. With your support, we're equipping families, households, especially women and mothers with business training, climate-smart farming skills, and the tools they need to grow their incomes to keep their children safe, in school and learning.

*Fr Edwin Abanga*

## Pensions for Clergy, Rwanda

Caring and Sharing has supported the retired clergy and their families in Rwanda since 1983 with £177,300 in pension donations. At one time this was their primary income but in recent years the Anglican Church in Rwanda has made better provision for them. Their expenses include school fees, medical insurance, rent for property, domestic running-costs, food etc. They survived the Rwandan genocide of 1994 but suffered high mortality rates from HIV/ AIDS. However the numbers of such retired clergy has now increased in the four Dioceses that are our concern, to the extent that our donation to each pastor is minimal. We have therefore with regret decided to end our long association with them and concentrate funding on other C and S projects.

## Hamlin Fistula Hospital, Addis Ababa, Ethiopia

Debitu is from a remote village in the Wollega region of Oromia. Like many women in rural Ethiopia, she gave birth at home without skilled medical care. When complications began, she endured hour after hour of labour and pain. Her baby had died and she had developed an obstetric fistula. This is a preventable childbirth injury that leaves women incontinent. The impact is not only physical. It can lead to deep emotional pain and social exclusion.

Debitu received expert surgical care, counselling and support to help her rebuild her confidence. One day, she found out she was pregnant again. She returned to the hospital and was able to give birth safely by a caesarean delivery. (See her photograph on the front page.)

[www.hamlinfistulauk.org](http://www.hamlinfistulauk.org)

## Church of Uganda Kisiizi Hospital



### Community Nutrition and Health Education

In Kisiizi, the malnutrition project continues to touch the lives of children, families, and entire communities. On the ward, mothers gather around cooking pots to learn how to prepare balanced meals with familiar, local ingredients, while their children take part in play therapy that helps rebuild strength and confidence. In nearby villages, the team develops demonstration gardens and offers practical health education to support long-term wellbeing. However, malnutrition remains an ongoing struggle and one of the most serious contributors to poor outcomes for hospitalized children. This project not only plants seeds in the soil, it plants seeds of hope and health in every individual the team meets.

*Dr. Henry Lukabwe, Medical Superintendent*

## My Father's House, Olinda, Brazil

Once again, a big thank you to all who have joined with us at My Father's House during the past year! As we move into 2026, the challenges continue to be immense. Once again, we are trusting in Our Father who continues to provide and demonstrate His love and care for all of us. This He does through His caring children who are "Partners in the Gospel" [Phil 1 v 5] with us! Brazil, like many other countries, is facing a very uncertain future, and the need for your vigilant prayers is ever more important, especially for the children.



While "My Father's House" has many plans for this year, we must remain adaptable and ready for any immediate response to each new moment that the "enemy" may present to us, while at the same time maintaining our core support programme: meals, school support, basic skill activities, discipline, special needs children, health care and family support.

*Rev. Ian Meldrum*

## Nurseries of Christ the Redeemer and Holy Trinity, Lima, Peru

This last year we had 59 children as direct beneficiaries (2-12 years old) and 52 families indirectly, total 169 persons. We always select children with the most needs and also suffering any kind of violence.

Please pray for Hiyari (4 years old). Her single mother has to go to work out of the city for several months, leaving Hiyar. She has no father so she stays with grandparents at home. She loves to come to church for Sunday School and she loves the nursery as her second home.

Pablo (Paul) 12 years old has been with us since he was 4 years old and is autistic. We give thanks for his life this year as he is finishing primary school. We ask you to pray for him for the next step going to High School, that he may have the Grace of the Lord everywhere he goes especially with the teachers.

*Isabel Montoya*

## Let the Children Live, Medellín, Colombia

José is 12 and is going deaf. His speech has become very slurred because he can't hear what he says, and he is having problems at school because he can't hear the teachers. He is one of my acolytes, and likes to make his confession because he likes to have the undivided attention of an adult who listens to what he wants to say.

We are going to pay for the two hearing aids he needs as an intermediate measure, and are also trying to get the state to pay for a cochlear implant for him. We are also looking into providing speech therapy for him once he can hear what he says.

If he drops out of school, he could easily be recruited by one of the gangs...

[www.letthechildrenlive.org](http://www.letthechildrenlive.org)

*Fr Peter*

## Feeding Programme, Honduras



Another year has quickly gone by and we are at a special time in Honduras [November 2025].

National elections will take place in two weeks and the political situation is very difficult. But this does not deter our activities with the children. Unfortunately their needs have not changed. The educational activities that we provide them accompanied by the nutritional support provided by you continues to be a very important support effort for their well-being. We all are so appreciative of your assistance and wish you all the best and a wonderful Holiday Season.

*Donald C. Kaminsky, "Alternatives and Opportunities"*

## CNI-SSI Nagpur, India

Kindly uphold CNI-SSI in your prayers as we are going through tough times on the financial front. Also pray for the projects we are running in the community for women, child, and youth empowerment in urban slums and rural areas.

*Mrs. Aradhana Upadhyay*  
[www.facebook.com/cnissinagpur/](https://www.facebook.com/cnissinagpur/)

*CNI-SSI has only one account for receiving foreign contributions and is still awaiting Foreign Contribution (Regulation) Act authorisation from the Indian government. We have therefore agreed with CNI-SSI that we will keep them as one of our projects and will restart donations to them when they receive the necessary authorisation.*

## Ebenezer Home of Social Outreaches, India



Kamalanathan arrived at the EHSO's children's Home (ECH) at the age of six, having lost both parents to illness. With no relatives to care for him, the ECH became his new home. Though initially feeling lost, Kamalanathan quickly experienced the warmth of ECH's founder and family who with the matron and older children treated him as a part of a big family. Kamalanathan flourished, completed his studies at school and went on to become a professional cameraman. He is now married to a doctor and has two daughters. Despite his busy career, he has always found the time to remain in touch with EHSO and has then visited often.



We have been fortunate to find, after many years, a physiotherapist for Emil. Since then, thanks to our supporters, we were able to continue his therapy session.

Beyond that, it turned into a very strong friendship and Emil is extremely happy when Cristina comes at the house! Emil will never walk again but look at his face when she showed up for his birthday! And... it is not just Emil that is happy but all the

other boys as, when she comes at the house, she tries to work with the others too, not just Emil.

*Marius Istrate, Project manager*

### FINANCIAL INFORMATION

#### Totals sent to projects

Our financial year is 1 June – 31 May each year and these figures are those examined and duly submitted to the Charity Commission for each accounting period.

Project	2024/25
Steve Willis Memorial Fund, Uganda	£8,330
School for the Deaf, Tanzania	£1,790
Clergy Pensions, Rwanda	£2,350
Bolgatanga, Ghana	£1,775
Fistula Hospital, Ethiopia	£2,490
Kisiizi Hospital, Uganda	£2,055
My Father's House, Olinda, Brazil	£1,745
Children's nurseries, Lima, Peru	£3,630
Let the Children Live, Medellín, Colombia	£9,285
Feeding Programme, Honduras	£1,860
Social Services Institute, CNI, Nagpur, India <i>see news item.</i>	—
Ebenezer Day Care Centre, Chennai, India	£1,835
Fundatia New Life, Romania	£3,815
<b>TOTALS</b>	<b>£40,960</b>

#### Treasurer:

We are pleased to welcome **Valerie Mighall** as our Honorary Treasurer. We owe a great debt of gratitude to **Holly Stevenson** who has managed our finances with efficiency and good humour for eight years.

## HOW YOU CAN HELP

The original idea of Caring and Sharing was to “live more simply that others may simply live” by helping some of the poorest of the poor in our world. Various projects were carefully chosen and managed, to be funded in part by modest but regular donations by Church members in East Sussex.

- You can donate to Caring and Sharing or a specific project by credit or debit card through **Just Giving** (from our website [www.caringandsharingeastsussex.org.uk](http://www.caringandsharingeastsussex.org.uk)).
- By **bank transfer** to Barclays, sort code 20 27 91, A/C Number 40638293. Please specify which project you wish to help in the reference.
- By **cheques** made payable to **Caring and Sharing East Sussex** – please specify which project you wish to help – and send to The Treasurer, The Haven, Station Road, Crowhurst, TN33 9DB
- We also accept CAF cheques.

**Online payments** to sales sites benefit us via Give As You Live – [www.giveasyoulive.com](http://www.giveasyoulive.com).

Please contact the Treasurer at [vmighall@yahoo.com](mailto:vmighall@yahoo.com) about:

- **Standing Orders**
- **Gift Aid**
- **Legacies**

### Members of the current Management Committee

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